

The Pembrokeshire Retreat Experience

INTO THE LIGHT

15TH TO 17TH NOVEMBER 2024



Craig yr Haul Whitesands Beach St Davids SA62 6PS



AN IDYLIC WINTER RETREAT £570 2 NIGHTS FULL BOARD

Imagine the warmth of a fire, waves meeting shore, inspiring skies. Winter.

The OM echoes, emerging into stillness. The moment is upon you, you are there, you

breathe, and all there is, is Light ... and you are at Peace.

Inspired Meditation: Spiritual Exploration: Deep Healing Relaxation: Sunrise & Sunset Experiences:

Organic Food: Good Company: Coastal Walks: Sacred Sites: Community: Time for Contemplation and Rest

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