



The Trilogies



Concept

- Clusters of 3 Courses on a Theme
- Many of the Courses can be taken as One – Offs or Tasters
- Trilogies can be built into Certificates, Advanced Certificates and Diplomas.
- Courses are usually 2 days for a Group and 1½ days for Individual.

Costs

- One-Offs £340
- Trilogy £840

Accommodation

Available at Primrose Cottage at “Student Rates”

Advanced Trilogy

ADVANCING TRUTH	
Time and the Now	The Concept of Spiritual Time
The Power of Thought	Uniting with Purpose
Living Truth	Leading by Example

TRILOGY BRIDGING ENLIGHTENMENT	
The Way of Peace	Explore the concepts of Prayer, Guided Meditation & Visualisation and experience deep relaxation and peaceful guided journeys into enlightenment
The Soul's Purpose	Insight into the nature of the Soul and its pathway through eternity, illuminating your own unique journey and its purpose.
The Enlightened Path	Linking with your Higher Self for inspiration & guidance for yourself and others, transforming the past and opening to the potential of the future.

TRILOGY THE BRIDGE	
The Bridge 1	Explore the essence of the Bridge, learn the art of Meditation and experience the Transcending Stress techniques. Understand the theory, cause and effect of stress and discovery.
The Bridge 2	Advancing techniques and address specific problems and develop facilitation skills.
The Bridge 3	Understand, tailor and facilitate a Bridge programme to specific needs. Case Studies.

TRILOGY BRIDGING EXPERIENCE	
The Essence	The fundamental principles of the Teachings of the Way of Truth & Healing.
Spiritual Counselling	Opening the door to the Truth for your work in sharing with others.
Inspired Meditation	Inspired Writing & Speaking. How to guide Meditations & Visualisations through Inspiration.

TRILOGY BRIDGING KNOWLEDGE	
The Way	Study & Experience further Teachings on Spiritual Truths and how to share them
The Soul	Advancing Study of the Soul and in-depth insight into the Higher Self and the Soul's progress through the Spheres of Light.
The Spiral	Explore Creation and Experience Aspects of Truth relating to the Spiral of Life and the understanding of the infinite nature of being.

TRILOGY BRIDGING FACILITATION	
Bridge Facilitation	Supervision & Practice Sessions
Change Facilitation	Facilitation of Change in Others
The Corporate Soul	The Group Mind, facilitating groups and bringing Enlightenment to all